

# THE CLEVELAND CHILD AND ADOLESCENT PSYCHOANALYTIC TRAINING PROGRAM



## PURPOSE

We welcome applicants who wish to train in child and adolescent psychoanalysis, a process that opens doors to the inner life of the child. When working together with the analyst the child has the opportunity over time to explore and understand old experiences, feelings and ways of adapting to them that are interfering with his or her functioning and relationships. In this way progressive development is restored and the capacity to feel good is achieved. To accomplish this the analyst works closely with parents as well as the child. This career is immensely challenging and forever interesting. Hanna Perkins Center (HPC) and the Cleveland Psychoanalytic Center (CPC) are committed to quality training of the next generation of child and adolescent psychoanalysts, faculty and supervisors in Cleveland, Ohio

## BACKGROUND

In January, 2014 the Board of professional Standards of the American Psychoanalytic Association (APsaA) approved this new child and adolescent psychoanalytic training program for Cleveland. As such this is an official training program of APsaA. Those in training will be able to have candidate membership in APsaA and in the International Psychoanalytic Association (IPA). In this way they will be connected with those individuals throughout the world who are psychoanalysts of children and adolescents. Cleveland has been a leader in the field of psychoanalysis since the late 1940's. The HPC Child Analytic Training Program, has been in existence since 1958. CPC, during a similar period, has offered training in Child and Adolescent Psychoanalysis to candidates at the CPC who have had or who are concurrently training in the psychoanalysis of adults. The two organizations are pooling resources to work together to provide child analytic training in Cleveland.

## THE PROGRAM

The program consists of three components:

- A four year didactic curriculum
- Clinical work: supervised psychoanalytic treatments of children and adolescents and work with parents
- A personal psychoanalysis with a training analyst

As part of the training program, candidates will observe in the Hanna Perkins School and work with one case of treatment-via-the-parent.



## THE CURRICULUM

A detailed curriculum description can be found online at: [www.psychoanalysiscleveland.org](http://www.psychoanalysiscleveland.org) or [www.hannaperkins.org](http://www.hannaperkins.org)

**Year 1** Coupled courses run concurrently for 8 sessions, 1.5 hrs. per course

OVERVIEW of 4 year Child-Focused Analytic training: 2 sessions, 3 hrs.

- 101 Infancy: 8 sessions, 12 hrs.
- 102 Readings on Infancy: 8 sessions, 12 hrs.
- 103 Toddlerhood: 8 sessions, 12 hrs.
- 104 Readings on Toddlerhood: 8 sessions, 12 hrs.
- 105 Phallic Oedipal Phase: 8 sessions, 12 hrs.
- 106 Defenses I: 8 sessions, 12 hrs.
- 107 Latency: 8 sessions, 12 hrs.
- 108 Defenses II: 8 sessions, 12 hrs.
- 109 Infant Observation: TBD

110 Preschool and Kindergarten - Observation and Introduction to

Outreach Programs: 30 hours/year: September-June

Candidates also attend the weekly Friday Hanna Perkins seminar. At each of these meetings two cases are presented and discussed, integrating the teacher's observations of the child's behavior and development with the insights available from either the work with the child's parents or his analysis if he is in direct treatment.

## WRITING COURSE

2 sessions of 1 ½ hrs/candidate 2 weeks apart and 1 month before candidate's conference presentation. This course exists during Years 1, 2, 3, 4 and will be with all candidates in psychoanalytic training.

**Year 2** Coupled courses run concurrently for 8 sessions, 1.5 hrs per course

- 201 Adolescence: 8 sessions, 12 hrs.
- 202 Introduction to Treatment: 8 sessions, 12 hrs.
- 203 Readings on Defense III: 8 sessions, 12 hrs.
- 204 Assessment & Diagnosis: 8 sessions, 12 hrs.
- 205 Making the Diagnostic Profile Useful Today: 8 sessions, 12 hrs.
- 206 Theory of Instinctual Drives I: 8 sessions, 12 hrs.
- 207 Theory of Instinctual Drives II: 8 sessions, 12 hrs.
- 208 Theory of Neurosis: 8 sessions, 12 hrs.

**Year 3** Coupled courses run concurrently for 8 sessions, 1.5 hrs. per course

- 301 Theory of Neurosis 8 sessions, 12 hrs.
- 302 Theory of Anxiety--Little Hans - 8 sessions, 12 hrs.
- 303 Theory of Anxiety (Hysteria) 8 sessions, 12 hrs.
- 304 Character Formation 8 sessions, 12 hrs.
- 305 Delinquency 8 sessions, 12 hrs.
- 306 Understanding & Misunderstanding - Perversions 8 sessions, 12 hrs.
- 307 Treatment-via-the Parent 8 sessions, 12 hrs.
- 308 Severe and Early Disturbances - (Atypical & Autistic) 8 sessions, 12 hrs.

**Year 4** Coupled courses run concurrently for 8 sessions, 1.5 hrs per course

- 401 Dreams: 8 sessions, 12 hrs.
- 402 Learning Problems: 4 sessions, 6 hrs.
- 403 Pediatrics: 4 sessions, 6 hrs.
- 404 Psychoanalytic Psychotherapy: 8 sessions, 12 hrs.
- 405 Psychoanalytic Consultations: 4 sessions, 6 hrs.
- 406 Psychoanalytic Technique with emphasis on Transference & Counter transference: 8 sessions, 12 hrs
- 407 Psychiatric Consultation, Medication & Psychosis: 7 sessions, 10.5 hrs.
- 408 Ethical Practice in Child & Adolescent Analysis: 4 sessions, 6 hrs
- 409 What Child Analysts should know about Adult Work: 16 sessions, 24 hrs

## HOW THE COURSE WORKS:

The four year didactic course is conducted in four eight-week quarters per academic year (Sept to June). Two 1.5 hour seminars are scheduled on Friday mornings. Instructors bring widening points of view and changes in the psychoanalytic field. Coursework will focus on how to build a psychoanalytic practice.

During the first or second year there will be two additional courses of observations and meetings—one on Infant Observation, possibly at offices of pediatricians, the other on Observations of Preschoolers at the Hanna Perkins School. The latter course includes attendance at the Hanna Perkins Friday Afternoon case Seminar (12:40- 2PM). Child and adolescent candidates from all programs will attend case discussions of work with patients of all ages: adults, adolescents and children.

## CLINICAL WORK

The clinical work begins when the candidate has acquired sufficient knowledge in theoretical psychoanalytic psychology and therapeutic technique, usually in the second course year, and following the eight week course on Introduction to Treatment. Clinical work will occur in the following areas:

- Supervised intensive treatment of three children of various ages and both genders, including work with their parents.
- The supervised treatment -via-the-parents of an under-five within the Hanna Perkins School. This includes weekly sessions with the parents, weekly observation in the School and weekly meetings with the teachers.

## SUPERVISION

The candidate will choose a first approved supervisor to consider the cases in their practice and to begin to develop a first analytic case. As the candidate gains experience he/she chooses a second and later a third supervisor. The hours of supervision for each case will follow the guidelines of APsaA. Supervision should occur weekly for a substantial period of the treatment for the first case. The program provides the opportunity for supervision on three required cases.

## MENTORS

Candidates may choose a faculty member to act as a mentor. This person will be available to discuss any concerns or interests the candidate may have as their training progresses.

## TRAINING ANALYSIS

A personal psychoanalysis with a Training Analyst (TSA) is required. The analysis should be concurrent with the training and should continue during the candidate's supervised work with children. The analysis is financed privately by the student. It is expected and very advantageous for the analysis to begin prior to the didactic seminars. Analysis will continue through at least a major portion of the candidate's clinical work.

## FACULTY

Courses are taught by the faculty of the Cleveland Child & Adolescent Psychoanalytic Training Program and invited guests with diverse professional backgrounds. Overall Faculty is drawn from child psychoanalysts at HPC and CPC. At this time they include the following individuals:

Note an \* denotes that the individual is also an APsaA approved supervisor  
# denotes that the individual is a Training and Supervising Analyst

- \* Devra Adelstein LISW-S, MSW
- \*# Scott Dowling M.D.
- \* Beatrice Griffin LISW-S, MSSA, BCD
- \* Ruth Hall M.A.
- \*# Anna Janicki M.D.
- \*# Kay McKenzie M.D.
- \*# Joanne Naegele M.A., LPCC-S
- \* Judy Pitlick M.A., LPCC
- \* Arthur Rosenbaum M.D.
- \* Barbara Streeter M.S., LPCC-S
- \* Carl Tuss LISW, LPCC-S, ICDC
- \* Lorraine Weisman M.A., LPCC-S

## PROGRESSION & GRADUATION

The Faculty reviews all aspects of each candidate's work in a progression committee meeting twice/year. The candidate has the opportunity to provide input regarding his/her progress at this time and gets feedback as well.

The following criteria are used as guidelines for qualification:

- Satisfactory completion of all didactic course requirements
- Satisfactory clinical work with 3 cases including written treatment reports and presentations
- Completion, to a satisfactory termination, of at least one analytic case
- Completion of a case of treatment-via-the-parent
- All fees connected with the training program need to have been paid

The Education Committee will determine if the candidate meets the qualifications for graduation. Most important is the candidate's demonstrated capacity to carry out independently competent psychoanalysis of children and adolescents.

## TUITION & FEES

Annual Course Fee	\$3,000/year (4 years)
Additional fees	
Supervisor fees –The fees are negotiated with the supervisor and paid directly to the supervisor at a minimum of \$45 per hour. Supervision begins on a weekly basis.	\$45.00/hour (minimum)
Annual Administrative Fee – Applied after completion of the 4 year course work while candidate completes clinical training	\$500.00/year
Application fee – Non-refundable	\$50.00

## WHO IS WELCOME TO APPLY

The Training in Child Psychoanalysis is offered to those child specialists in medicine, psychology, social work, counseling, teaching, nursing, child psychiatry, pediatrics or other disciplines in which the major focus and aim of their work has been or is the care of children. The course is designed for those who have demonstrated a devotion to children and a keen interest in understanding all aspects of personality development. Applicants will preferably be licensed to practice in Ohio or eligible for an Ohio license in their field. Interested parties are welcome to apply; those who may not meet the admission requirements are urged to contact the Faculty Chair for guidance.

## HOW TO APPLY

Applications are available on line at [www.psychoanalysiscleveland.org](http://www.psychoanalysiscleveland.org) or [www.hannaperkins.org](http://www.hannaperkins.org)

Application to the training program can be made by writing the current Faculty Chair, and should include the following:

- A Curriculum Vitae should be provided which includes academic backgrounds, prior analytic experience, if any, and experiences in the care of children.
- Three letters of recommendation should be sent separately to the Faculty Chair. They may be letters from a current employer, a current supervisor or, if possible, an analyst familiar with the applicant and his/her work.
- College and graduate school transcripts.
- Copy of current license or other certification, if applicable, and proof of current malpractice insurance
- A non-refundable application fee of \$50.00

Personal interviews with the Faculty Chair and at least three members of the Training Program's Faculty are a pre-requisite for acceptance. Questions or inquiries about the Program are welcomed. Completed applications and specific inquiries about the program should be sent/made directly to the Cleveland Child & Adolescent Psychoanalytic Training Program Chairperson.

Attention: Program Chair, 19910 Malvern Road Shaker Heights, Ohio 44122