

Hadden Clinic

Partnering with
families and children
for lasting change

An outpatient mental health clinic specializing
in children, young adults and families



Hanna Perkins Center
for Child Development

Trouble at home or school?

We offer a different kind of help for you and your child—help that's easy to start, easy to access and easy to understand.

Our approach is gentle, nurturing and collaborative. Based in understanding of human development, it begins with trust and respect for the child and parents. It recognizes the central importance of family relationships in working with children.

whatever your child is struggling with, we can help.

Developmental Hurdles

- Making and keeping friends
- Emotional outbursts
- Eating troubles
- Sleeping troubles
- School problems
- Self-management and age-appropriate self-care
- Disciplinary problems
- Bullying
- Relationship difficulties
- Self-esteem and empathy

Extraordinary Circumstances

- Divorce
- Trauma
- Long-term illness in the family
- Adoption
- Death
- Postpartum Mood and Anxiety Disorders

Postpartum depression in new moms



Nobody knows children better

Working with children and families is the only thing we've ever done since opening in 1951.

While there are other places you can turn for help, the Hadden Clinic at Hanna Perkins is unlike any other:

- Proven techniques for working with children 6 and under
- Individualized approach based on each child's age and social-emotional needs
- Therapy that begins with the person rather than a prescription
- Small, quiet clinic that often succeeds where other treatments have faltered

nearly 70 years of working with families like yours.

Convenient

Our location in Shaker Heights is convenient to the bus and Rapid, and offers free, easy parking.

Insurance

The Hadden Clinic at Hanna Perkins is in-network for a number of private group plans. To verify if it's part of your network, call the customer service number on your insurance card. We may also be identified as Hanna Perkins School.

How to Start

Call for a confidential consultation:

216-991-4472



MISSION

Early childhood experiences shape a person's entire life. To foster the emotional well-being of children and their families and to help them master life's challenges, the Hadden Clinic at Hanna Perkins promotes social-emotional development, self-awareness and understanding through therapeutic services for children and parents.

VALUES

Respect: We respect the uniqueness of each child and the importance of the parent- child relationship.

Commitment: We are dedicated to an individualized approach for each child.

Psychoanalytic Understanding: We believe all behavior has meaning and is motivated by unconscious and conscious factors. To fully understand a child we must learn about the child's inner thoughts and feelings, as well as the outer context in which the child lives.

Investment: We invest in every individual with the belief in their capacity to master life's challenges.

Empowerment: We work together to facilitate each child's growing independence. We provide the opportunity for children to become confident and capable at identifying and managing their feelings and actions.

Collaboration: We partner with families and professionals to continually problem- solve, learn and identify ways to support children's emotional growth.



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